



# Infant Daily Schedule

\*This is to be used as a guide and NOT to replace following each baby's individual cues for what they need. To be updated every 3 months.

\*Children are taken on walks 2 times daily, once in the morning, and once in the afternoon, weather permitting.

Child's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Updates (date & initial): \_\_\_\_\_

### Typical Eating Routine:

Foods to Avoid: \_\_\_\_\_

\_\_\_\_\_

Schedule:

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

### Typical Sleeping Routine:

When my child is tired, he/she will usually let you know by: \_\_\_\_\_

\_\_\_\_\_

Sleeping Tips (position, comfort items, etc.): \_\_\_\_\_

\_\_\_\_\_

Typical Napping Times: \_\_\_\_\_

**Other Information:** \_\_\_\_\_

\_\_\_\_\_

Parent Signature: \_\_\_\_\_ Teacher Signature: \_\_\_\_\_