



BROOKE GROVE

Montgomery Child Care Association, Inc.

JANUARY 2018



Message from the Director

With all this frigid weather we don't want to peek outside, much less spend a significant amount of time in this bone chilling cold. When winter rolls around, we find it difficult to go outside, especially with young children. However there are benefits to playing outside during the winter months. Going outside allows children to escape germs that thrive indoors during. The outdoors helps strengthen their immune system. Outdoor time allows children to use more of their large muscles making for better and intense exercise. While outside, sun exposure provides children with an important source of Vitamin D. Low levels of vitamin D can adversely impact mood, as well as cause increases in fatigue. Lastly outdoor winter play increases creativity and cooperative play. When playground equipment is frozen or covered in snow, children have to come up with alternative types of games and activities. For more information please visit -<https://www.accuweather.com/en/weather-news/children-winter-cold-health-safety/40982792>

What's New



CURRICULUM CORNER

Outdoor play is essential for children's health and well-being. When outside, children build their sense of confidence as they learn how to swing by themselves, especially on the monkey bars, as they learn how to climb to new heights, throw and catch a ball, and ride a bike through an obstacle course and play sports. When they share equipment with their friends, or take turns during games, they develop their social skills. Outdoor play also provides them with an unlimited science laboratory, encouraging exploration in physical science and in life science. Children can find and explore bugs, they can observe leaves changing colors, they can plant seeds and watch them grow, and they can even taste snow. Outdoor play not only enhances physical development, it aides in a child's overall development.

Source – *Teaching Strategies, The Creative Curriculum*

Important Reminders

- Please park in designated spots when dropping off and picking up your children; the spots at the far end of the lot are designated for the program. Do not leave your car idling when coming into the building.
- All children must be signed in and out every day; sign in/out sheets are on top of the children's cubbies

Upcoming Dates

- Monday January 15, 2018 – MCPS Closed, (M.L. King, Jr. Day) - MCCA CLOSED
- Thursday January 25, 2018 – MCPS Early Release day – MCCA OPEN



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GROVE**

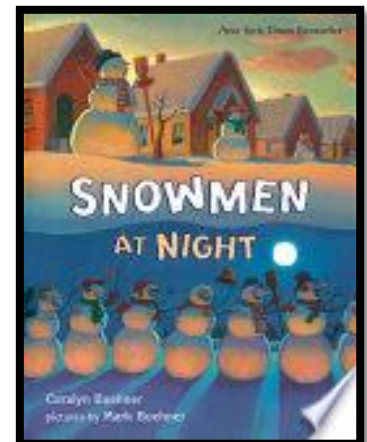
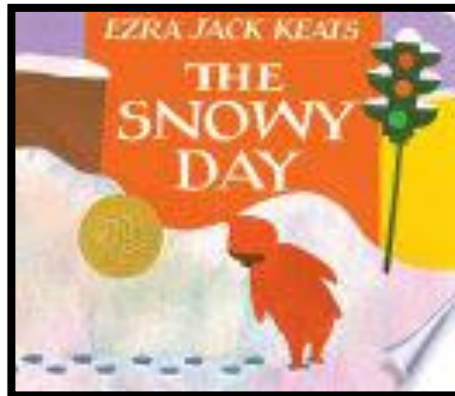
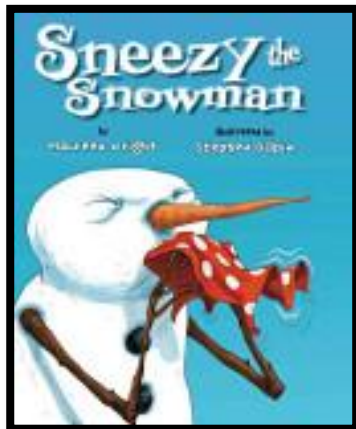
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Suggested Resources and Reading

BOOKS FOR CHILDREN

Pre School – Winter Books



School Age Reads- Winter Books

The Snow Child by Eowyn Ivey

The Snow Globe Family by Jane O'Connor

Snow by Uri Shulevitz

Child Care Subsidy Programs – Assistance with child care costs

The Department of Health and Human Services can assist eligible families by contributing to the cost of child care through the County funded Working Parents Assistance Program. Maryland's Child Care Subsidy Program (CCS), formerly the Purchase of Care Program (POC) is now centralized through the Maryland State Department of Education (MSDE). Parents complete an application for the WPA program and a caseworker determines eligibility, based on income. Families whose income is under scale for WPA will be referred to CCS Central to complete an application for the state Child Care Subsidy Program (CCS). Please call - 240-777-1155